

# ETE-TH07

## Remote Accessible Health Check Monitoring Bracelet



Quick User Guide

Remote Health and Activity Monitoring Is Our Mission

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## 1.Know your ETE-TH07



#### Strap Disassembly Schematic



You can pull off the ETE-TH07 strap to connect the ETE-TH07 body to a USB Charging device



Insert FTF-TH07 USB Connector into any USB charging device

#### 1. Package List

i) ETE-TH07 x1 ii) QR Codes & Warranty Card x1 iii) Serial Number Tag x1

## 2.Download ETE Health and ETE Mobile Gateway Apps



Scan QR Code to download and Install the following ETE Apps on your Android or iOS phone



ETE Health



**ETE Mobile Gateway** 

## 3.Register your ETE-TH07 via the ETE Health App

To register the ETE-TH07 via the ETE Health App, first you need to Sign up with a valid email address and password. If you already have an existing account please continue to Sign in with your email address and password and follow the ETE-TH07 connection steps in the guide.

If you already have an existing account please input your email address and password as shown below, click "Login" to login into your account.

EVE TO EVE	
Email/Mobile:	
Password:	
Login	
Forgot Password	
Sign Up	

If you dont have an account click "Sign Up" to proceed to the Sign up page to enter your preferred email address and password.

Under account registration interface, input a valid email and preferred password, click "Sign Up" to continue with account registration. After successful registration, please fill in your name and your profile picture respectively, it is not mandatory to add a profile picture, you may leave the default avatar and change later on.

$\odot$	Nickname & Avatar
EYE TO EYE	Please input your nickname and evatar
Email:	080
Password:	
Confirm:	Client
Password 8-32 characters without white spaces,including a letter and a number.	
Sign up	
	Next

After adding your name and picture, please click "Next" to proceed Device connection interface.

Under Device connection interface, If you have the ETE-TH07 with you, click "Connect Device" to proceed to the ETE-TH07 selection interface.



If you don't have the ETE-TH07 with you, select "No Device" and you will be directed to the ETE Health App Home interface.

#### ETE-TH07 Bluetooth ID

Hold the ETE-TH07 Navigation Key for 3 seconds and the screen will display four letter Code, this is your unique ETE-TH07 Bluetooth ID.

If the Bluetooth ID is not displayed on the screen, please pull off the ETE-TH07 strap and insert the USB connector into a USB charging device.

Please note the following before pairing the ETE-TH07 with the ETE Health App:

- i) Ensure your mobile phone Bluetooth is turned on..
- ii) Ensure the ETE-TH07 has sufficient power, turn it on and charge it if necessary.
- iii) Ensure the ETE-TH07 is within Bluetooth coverage range of your mobile phone when pairing and connecting.
- iv) If the mobile phone cannot find the ETE-TH07 in the ETE Health App, please check whether ETE Health App is allowed to use Bluetooth in your phone permission settings.
- v) If the mobile phone cannot find the ETE-TH07 in the ETE Health App whilst your Bluetooth is On, please turn Bluetooth Off and then On again
- vi) For Android 6.0 and above you need to turn on GPS in your phone, otherwise the ETE-TH07 Bluetooth ID will not show in the ETE Health App.



After ensuring your mobile phone Bluetooth is turned on Click "Next" to proceed to the "Device list" to select your ETE-TH07 to be paired with the ETE Health App.

Under "Device", select Device ID corresponding with the Bluetooth ID displayed on your ETE-TH07 to proceed with pairing. After selecting your Device please wait a moment whilst ETE-TH07 connects with ETE Health App.

← Devices		$\odot$	Devices
elect the corresponding ID as y hen click it to connect.	our ETE-TH07 display.	ETE-TH	107 takes a few seconds to get connected App, please wait
((( 3)) Device ID & Signa	al Intensity		
ETETH 51F5	0 dB		((考))
ETETH E1ED	0 dB	4	· · · · · ·
ETETH 14FE	0 dB		0%
ETETH 3FE4	0 dB	_	0 %
ETETH CAD1	-51 dB		Connecting
	-71 dB		

If you are using Apple mobile phone, please allow ETE-TH07 request to pair with phone Bluetooth.

If you are using Android mobile phone, Bluetooth pairing is done automatically and if the ETE-TH07 is not available under Device list, please go to mobile phone Bluetooth settings, pair ETE-TH07 manually and return to ETE Health App Device list, it will appear. Once the pairing is successful ETE Health App will proceed to the Homepage and the ETE-TH07 will restart and display the temperature widget on start.. This completes the ETE-TH07 activation process.



If you have chosen "No Device" during the connection steps and now you want to connect the ETE-TH07 to the ETE Health App, please click the Menu Button in the Homepage, as highlighted above in red.

In the Menu page, select "Bracelet Settings", a pop up message will come up notifying you that no ETE-TH07 is paired with the ETE Health App.





Press "OK" to continue with the ETE-TH07 pairing to the ETE Health App where you will be directed to the Device model selection interface.

Under Device model selection, please select ETE-TH07 and proceed to the next step with short guide to activate ETE-TH07 display and view the Bluetooth ID.



Plug ETE-TH07 into any USB charging device to view the ETE-TH07 Bluetooth ID and follow Steps for new device pairing as instructed earlier on in the guide.

## 4.ETE-TH07 User Interface

## 1. Introduction to ETE-TH07 widgets

After activating your ETE-TH07, the temperature widget is displayed by default. You can tap the Navigation key to switch between the dedicated ETE-TH07 widgets shown below:



## 5.ETE-TH07 Functions

#### 1. Temperature Display

This widget shows your Wrist and Body temperature upon wearing the ETE-TH07 firmly on your wrist. This is the ETE-TH07 default display widget, it comes first upon activation and whenever the display turns off and on Temperature data is always synchronized with the ETE Health App and the ETE Health Platform

#### 2. Panic Alarm Display

This widget allows you to send an Emergency Alarm to the ETE Health Platform and initiate connection with the Platform manager.

Press and hold the Navigation Key for 3 seconds and an Emergency Alarm is sent to the ETE Health Platform.



An SOS confirmation message is shown on the display upon successfully sending the Emergency Alarm



This widget shows Time and Date related information. This information is synchronized from your mobile phone. It is important to synchronize your ETE-TH07 with the ETE Health App all the time, as the time displayed on your ETE-TH07 may be incorrect, if its not synchronized for a period of time.

#### 4. Steps and Distance Display

This widget shows your daily steps data in combination with distance you have covered.

Distance covered is in relation to the steps measured by the ETE-TH07.

This data is always synchronized with the ETE Health App and the ETE Health Platform.





#### 5. High and Low Temperature Alarm Display

This widget comes up whenever the ETE-TH07 detects an abnormal body temperature.

This is accompanied with the ETE-TH07 vibration to alert you that your temperature is abnormal.

At the same time an abnormal temperature alarm is sent to the ETE Health platform to alert the Platform manager for further action.



ETE-TH07 Minimum and Maximum body temperature thresholds are set in the ETE Health App.

On the ETE Health App Home interface click "Menu" and proceed with the steps shown on the next page of the guide.

Under Menu please select "Bracelet Settings" to proceed to the "Device Details" interface as highlighted below.





Under Device Details please select "Device Settings" to proceed to the ETE-TH07 settings.

Under Device Settings please select "Skin Temp and Activity" to proceed to the Skin Temperature and Activity interface as highlighted below.

Saw 37.3 27.3

10000

2500

Device Setting       Screen       Screen Activation       Vitals       Skin Temp       Alert       Idle Alert       Device Language       Device Language       Skin Temp and Activity		
Screen Activation >> Vitals Skin Temp >> Alert Idle Alert >> Language Device Language >> Activity Goal Skin Temp and Activity >>	C Device Setting	
Screen Activation >> Vitals Vitals Skin Temp >> Alert Idle Alert >> Language Device Language >> Activity Goal Skin Temp and Activity >>	Screen	
Vitals Skin Temp > Alert Idle Alert > Language Device Language > Activity Goal Skin Temp and Activity >	Screen Activation	>
Skin Temp >> Alert Idle Alert >> Language Device Language >> Activity Goal Skin Temp and Activity >>	Vitals	
Alert Alert > Idle Alert > Language > Device Language > Activity Goal > Skin Temp and Activity >	Skin Temp	>
Idle Alert > Language Device Language > Activity Goal Skin Temp and Activity >	Alert	
Language >> Activity Goal Skin Temp and Activity >>	Idle Alert	>
Device Language > Activity Goal Skin Temp and Activity >	Language	
Activity Goal Skin Temp and Activity >	Device Language	>
Skin Temp and Activity >	Activity Goal	
	Skin Temp and Activity	>

Under Skin Temperature and Activity, you can set desired Body Temperature Upper and Lower limit levels as highlighted above.

Click "Save" to save the settings and for the ETE Health App to synchronize the settings with  $\ensuremath{\mathsf{ETE}}\xspace$ -TH07.

#### 5.Weather and Air Quality Display

The widget shows weather information in relation to your location.

Weather information displayed on your ETE-TH07 is obtained from Google through your mobile phone on a two hour interval. ETE-TH07 doesn't calculate weather in your location.



#### 6. Message Alert Display

The widget comes up when a new message is received on your mobile phone. This is accompanied with the ETE-TH07 vibration to alert you that there is a new message.



To view message content press and hold ETE-TH07 Navigation key for 3 seconds.

#### 7. Incoming Call Notification Display

This widget comes up when you receive an incoming call on your mobile phone. ETE-TH07 will display caller number or contact information if its saved in your mobile phone.

To reject the call, press and hold the ETE-TH07 Navigation Key for 3 seconds. At the same time, the ETE-TH07 will display a rejection message which you can view by again pressing and holding the Navigation Key for 3 seconds.



Note: To receive messages and call notifications on your ETE-TH07 please make sure that you have given ETE Health App permission to read your mobile notifications in your mobile phone notification center.

#### 8. Advanced Menu Display

The widget gives you access to the following ETE-TH07 Health activities: (i) Outdoor Running / Cycling (ii) Gym Mode



To access the above mentioned ETE-TH07 Health activities press and hold the Navigation Key for 3 seconds.

Upon entering Advanced Menu, "Running" activity widget will show up first. Tap the Navigation Key to switch between different ETE-TH07 Health activity widgets

### i) Outdoor Running / Cycling Display

These include outdoor running and cycling activities.

To start any of the activity tracking press and hold Navigation Key for 3 seconds whilst on the activity widget. ETE-TH07 will try to connect with mobile phone for GPS access through the ETE Health App.



If the GPS access through the ETE Health App is successful, another widget showing "Ready" with GPS icon is displayed on ETE-TH07.

Click "Got it" by pressing and holding the Navigation key for 3 seconds and ETE-TH07 will enter into running/cycling mode.

If GPS access is not achieved through the ETE Health App a "Connection Timeout" message is displayed on ETE-TH07.

Click "Got it" by pressing and holding the Navigation key for 3 seconds and ETE-TH07 will enter into running/cycling mode however location tracking data will not be recorded in the ETE Health App.

#### (ii) Gym Mode Display

These include Treadmill, Elliptical, Cycling and Aerobics activities. To start any of the activity tracking press and hold Navigation Key for 3 seconds whilst on the activity widget.



The following widgets in combination with activity data will show on your ETE-TH07 whilst you are doing the activity.



If you wish to stop the activity tracking, tap the Navigation key to switch to the widget below.



To stop the activity tracking, press and hold the Navigation key for 3 seconds and ETE-TH07 will go back to the default body temperature widget.

## 6.How to wear the ETE-TH07

To achieve accurate body temperature measurement, please wear the ETE-TH07 on your wrist and adjust the straps to the best tight position.

If the straps are loose, the body temperature measurement will not be accurate. The best recommended wrist position to wear the ETE-TH07 is shown below:



If the ETE-TH07 doesn't show body temperature whilst you have already wore it to the best tight position please calibrate the sensor through the following steps:

- 1. Take off the ETE-TH07 from the wrist.
- 2. Navigate to the Weather widget as illustrated.
- 3. Press and hold for 8 seconds whilst on the widget.
- 4. During the process, please do NOT touch the back of the ETE-TH07 and have sensor completely suspended in the air.
- 5. After the process ETE-TH07 will reboot and the calibration is complete.



## 7.Warranty and After Sales Services

Please read the warranty guide carefully before using the ETE-TH07.

- 1. Warranty period for the ETE-TH07 is One year.
- You will not be able to enjoy free warranty service on the ETE-TH07 under the following conditions:
- Damage caused through repair services done by a non-Eye To Eye Security special maintenance center.
- ii) Damage caused by failure to use and maintain it in accordance with the specified user guide.
- iii) Host malfunction caused by the buyer's private dismantling of the bracelet.
- iv) Damage caused by force majeure

Important Notice:

- 1. Avoid exposing the ETE-TH07 to extreme heat or ultra low temperatures.
- 2. Avoid cleaning the ETE-TH07 whilst it is charging.
- 3. Avoid the ETE-TH07 from coming into contact with liquids whilst it is charging.
- 4. Do not disassemble the ETE-TH07 for maintenance.
- 5. Do not wear the ETE-TH07 in hot water, steaming environments (sauna for example) and other extreme cold or hot activities

## 8.Basic Parameters

Weight 22.5g (With Wristband)

**Display Size** 0.96 Inch Rectangular

**Display Resolution** 80x160 Pixels

Touch Mode Touch Button

Lens Material PMMA Organic Glass

Battery 75 mAh Lithium Ion

# Core Module Dimension

38.5mm x 19mm x 10.8mm

# Wristband Material

Silicon UV-Resistant, Breathable

Size 38.5x19x10.8 mm

Case Material PC Polycarbonate

GPS Use GPS from Mobile Device

Bluetooth Low Energy 4.0

Water Rating IP68 Water Resistant

> Antenna FPC Antenna

System Support Android 4.4<sup>+</sup> and IOS 8.0<sup>+</sup>

NFC

Note: For a better user experience the ETE Health App software and the ETE-TH07 firmware will be updated from time to time via OTA, please update to the latest push versions, whenever an update is available



Thank you for choosing ETE-TH07 Remote Accessible Health Monitoring Bracelet. If you would like to know more information about ETE-TH07, please contact us on our email below or alternatively Scan QR Code below to visit our website



Eye To Eye Security Dubai, UAE Email: info@eyetoeyesecurity.com

www.eyetoeyesecurity.com